

International School Moshi

Visiting Schools Programme

Risk Assessment

Activity	What are the Hazards to Health and Safety	What Risks do they pose and to whom?	What precautions have been taken to reduce the risk?	What further action is needed to reduce the risk?
Location: Tanzania	<ul style="list-style-type: none"> • Extreme weather conditions • Footing / pathways / terrain • Insects, plants, animals 	<ul style="list-style-type: none"> • Sunburn / sunstroke • Slips / trips and falls caused by unsuitable footwear • Allergic reactions form ingestion, inhalation, contact, injection 	<ul style="list-style-type: none"> • All members of the party to dress appropriate to the weather conditions for that day, and also take extra clothing if weather conditions are likely to change • Sun creams are used & the wearing hats are encouraged. Shade is sought if sun strength is high • All persons attending wear appropriate footwear for the terrain that is to be covered • Contingency plan to be in place to deal with any medical conditions that may be encountered 	<ul style="list-style-type: none"> • Emergency procedure to be put in place if there is a likelihood of weather conditions / environmental factors etc, which could cause group to become stranded or isolated • Information to be obtained for all party members on any known medical conditions that may be onset through activity

<p>Accessing geog - raphical or geological areas e.g. trekking, safari.</p>	<ul style="list-style-type: none"> • Walking in unauthorised areas & not knowing the local “rules” • Sharp or steep sided rocks • Contact with wild animals • Hypothermia • Heatstroke/Exhaustion/sunburn/dehydration/ 	<ul style="list-style-type: none"> • Abuse from landowners of a verbal or physical nature • Destroying / disrupting crops, flora, fauna etc. • Risk of falling if members of party likely to climb rocks to access other areas • Danger posed by close proximity to wild animals • Exposure to climbers during mountain trips • Exposure to climate during strenuous activities 	<ul style="list-style-type: none"> • Use of personal group chaperone or guide at all times • Only recognised pathways / walkways are used wherever possible • Responsible adult will supervise the party • Access will have been granted before the trip takes place • Discourage climbing of rocks unless adequate supervision is in place and appropriate safety precautions have been implemented (subject to a separate risk assessment) • Visitor are briefed about expected behaviour e.g. no feeding, hands in vehicles etc. • Encouraging good eating habits prior to activities • Suitable protective clothing eg waterproofs etc • First Aid kits / training for group Weather forecasts / Suitable equipment for journey/ conditions / Instruct groups on importance of hats / water 	<ul style="list-style-type: none"> • If a more remote / mountainous or more exposed terrain is expected to be encountered then a fully qualified guide to be used. • Use of qualified guide for safari travel • Use of qualified guide for mountain trekking • Water available at checkpoints
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	<ul style="list-style-type: none"> • Unfamiliarity to persons or location • Inability to speak language confidently • Lack of awareness of medical needs of exchange pupil • Lack of awareness of allergies of pupils • Unfamiliarity to foreign rules/regulations • Presence of tropical diseases 	<ul style="list-style-type: none"> • Pupil may easily get lost or have nobody whom they feel comfortable in talking to. • Pupil may be unable to discuss or understand matters appertaining to health, safety and welfare • Deterioration or commencement of medical condition • Allergic reaction from exposure to a material – food, plant, insect, animal etc. • Physical/verbal assault to pupil • No awareness of what to do in an emergency or who to contact etc. • Pupil may be exposed to tropical diseases. 	<ul style="list-style-type: none"> • Familiarisation of the ISM premises and location to be encouraged by chaperone. • The Group Leader must use exchange establishments that are known to the school, or those which have been recommended by other Group Leaders. • Reassurance to be obtained prior to the trip commencing that all arrangements have been put into place and that any checks, including criminal checks have been undertaken where reasonably practicable. • Travel arrangements to be established prior to the trip taking place. • Nearest Relevant Embassy Consulate details known. • Medical precautions taken prior to trip with advice from doctor. • Suitable prophylaxis and inoculations taken. • Pupils sleep with mosquito nets and wear appropriate clothing at night. 	<ul style="list-style-type: none"> • Medical information, including known allergies to be obtained for those going on VSP and important information passed onto the ISM. • Medication to be taken with exchange pupil including dosage requirements. Assurance from a GP may be sought where deemed necessary to ensure the health and safety of the individual. • Awareness of diseases present, transmittion processes, symptoms and action to take when in doubt. • Health clinic contact point determined. Staff to maintain regular contact with sick person
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<p>Preparing / cooking meals</p>	<ul style="list-style-type: none"> • Burns from cooking / fires • Tent fire – burns • Food poisoning 	<ul style="list-style-type: none"> • All visitors • All visitors • All visitors 	<ul style="list-style-type: none"> • Training on use of cooking equipment • Advise not to start fires • Participants instructed not to cook or smoke or have anything lit inside or near tents 	<ul style="list-style-type: none"> • Continued training / monitoring • Continued training / monitoring
<p>Sleeping Arrangements</p>	<ul style="list-style-type: none"> • Illicit drug taking / alcohol consumption – illness / accident • Trespassers on site – theft / assault / abduction • Young people moving about at night to meet other young people – 	<ul style="list-style-type: none"> • Students • All visitors • Students 	<ul style="list-style-type: none"> • Hands are washing with soap and hot water before handling any food • Raw foods are kept separate from cooks foods • Group reminded of responsibilities / alcohol / drug use not to be permitted / removal from site where appropriate • Visitors brief on sensible approach to use of expensive items e.g. electronics • Safe storage of money and expensive personal property • Group reminded of responsibilities / alcohol - removal from site where appropriate 	<ul style="list-style-type: none"> • Ensure knowledge of food requirements of young people re allergies etc • Training of group • Staff supervision where appropriate • Onsite watchmen • Onsite watchmen

<p>All water margin activities continued</p> <p>Paddling</p>	<ul style="list-style-type: none"> • Other persons within party • Dirty/unsanitary waters • Sharp objects underfoot • Deep water • Wet conditions underfoot 	<ul style="list-style-type: none"> • Risk of party member pushing others into water • Infection leading to ill health of those exposed • Cuts, grazes to soles of feet • Risk of falling into deep water • Risk of slipping into water • Risk of falling into water through overbalancing • Contact with animals through interest in food 	<ul style="list-style-type: none"> • Adequate supervision of group to be provided • Unsanitary/unhygienic waters not to be entered – information to be obtained prior to visit. • Where there is a risk of coming into contact with sharp objects underfoot, suitable footwear is to be worn • Ensure suitable footwear worn and avoid muddy wet areas • Insecure members of the group to remain with supervisor(s) • • Food to be contained within closed containers/bags 	<ul style="list-style-type: none"> • Guide used at all times • Persons to be removed from activity if they are a hazard to other persons within the party.
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